

## GOOD COACHES AND TEAM MANAGERS' CODE

This policy is set up to create an environment where the children, parents and coaches all value, respect and encourage one another to build a happy, relaxed and enjoyable atmosphere.

### COACHES AND TEAM MANAGERS WILL ENDEAVOUR TO:

- ⦿ Promote the positive aspects of the sport (e.g. fair play).
- ⦿ Always be publicly open when working with children.
- ⦿ Recognise the importance of fun and enjoyment when coaching players.
- ⦿ Consider the wellbeing and safety of players before the development of performance.
- ⦿ Be a positive role model – think what this implies.
- ⦿ Encourage participants to value their performances and not just results.
- ⦿ Encourage and guide participants to accept responsibility for their own performance and behaviour.
- ⦿ Keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.
- ⦿ Never condone rule violations, rough play or the use of prohibited substances.
- ⦿ Respect all referees and the decisions they make, even if they appear to make a mistake, (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.
- ⦿ Develop an appropriate working relationship with participants, based on mutual trust and respect.
- ⦿ Provide rugby experiences which are matched to the age, ability and experience of those taking part, as well as their physical and behavioural development.
- ⦿ Ensure all players are coached in a safe environment, with adequate first aid readily to hand.
- ⦿ Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- ⦿ Never allow a player to train or play when injured.
- ⦿ Ensure good supervision of players, both on and off the field.
- ⦿ Recognise that players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- ⦿ Develop an awareness of nutrition as part of an overall education in lifestyle management.
- ⦿ Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.